

Relaxation and Renewal Delivered to Your Door

Exclusive In-room Massage by
The Mandara Spa



Treatment Rates

Body Massage

Swedish

Feel your stress go away as your therapist use relaxing patterns to manipulate your soft tissues, increase circulation and metabolism, and release tension.

1hr
1hr and 30min
2hrs

PHP 1,650 nett
PHP 2,350 nett
PHP 3,050 nett

Combination

Relive your body from stress and aches with this combination of body reflexology techniques, including stretching. Feel lighter, invigorated and ready for the next days.

1hr
1hr and 30min
2hrs

PHP 1,650 nett
PHP 2,350 nett
PHP 3,050 nett

Shiatsu

Based on the principles of oriental medicine, your therapist uses palms, fingers and thumbs to gently balance and restore your Chi. Dry massage (no oil).

1hr
1hr and 30min
2hrs

PHP 1,650 nett
PHP 2,350 nett
PHP 3,050 nett

Signature Massage

Experience deep relaxation and healing with our heat pad therapy and signature blend of healing olive and organic aromatic oils. This massage loosens tight muscles, promoting recuperation and reconnection of mind, body, and soul.

1hr and 15min
1hr and 30min
2hrs

PHP 2,400 nett
PHP 2,900 nett
PHP 3,700 nett

Hot Stone Massage

The healing power of nature's harvested stones and combined therapeutic techniques warm you and bring you to a more tranquil state.

1hr and 30min
2hrs

PHP 3,000 nett
PHP 3,800 nett

The Mandara Signature Hot Stone

Two of our best treatments combined in one ritual – the Signature Massage and Hot Stone Massage. Harnessing the healing power of heat as a natural element, this ritual will truly loosen all stressed muscles and leave you deeply relaxed.

1hr and 45min
2hrs

PHP 4,200 nett
PHP 4,700 nett

Treatment Rates

Body Massage

Ventosa Cupping with Hilot

A traditional form of massage that removes tissue congestion and muscles spasm also known to more Filipinos as “lamig” with the use of cups placed on various pressure points on the back.

1hr and 30min

PHP 3,200 nett

Ventosa with Signature Massage

Experience a healing massage therapy combo for muscle spasms, known as “lamig” in the Philippines. This treatment features cupping therapy followed by a relaxing Signature Massage, with heat pads, organic olive oil, and essential oils, utilizing Mandara’s unique techniques to relieve tension and stress.

1hr and 45min
2hrs

PHP 4,200 nett
PHP 4,700 nett

The Mandara Hand and Foot Rituals

Hand Spa

Experience rejuvenated, youthful hands with our Special Hand Spa. This premium treatment exfoliates dead skin, followed by a nourishing masque. Enjoy stress relief from a hot towel wrap and an enriching hand massage with oils and butter.

30min

PHP 1,350 nett

Foot Spa

Treat your feet to a rejuvenating Special Foot Spa. Enjoy a warm aromatic soak, followed by herbal exfoliation, and feel the revitalizing effects of a peppermint-infused foot masque.

45min

PHP 1,650 nett

Xiamen

Take your feet’s stress away with a relaxing and tension-relieving foot massage, hitting all your foot’s pressure points.

30min
1hr
2hrs

PHP 1,100 nett
PHP 1,500 nett
PHP 2,800 nett

Treatment Rates

The Mandara Face Rituals

Collagen Gold Mask

Get plumper and firmer skin with the collagen and gold infused mask. Deeply moisturizes and rehydrates skin for a naturally radiant and youthful glow.

30min

PHP 1,650 nett

Non-abrasive Diamond Peel

Enhance your outer peace with this gentle facial treatment designed to clear skin breakouts. Focusing on exfoliation and reducing redness, it improves skin appearance and helps prevent future blemishes through a non-invasive approach.

30min

PHP 1,650 nett

Ageloc Galvanic Spa

Tighten and lift your facial skin and muscles to look your and refreshed with the safe non-surgical face lift that will also leave your skin baby soft.

30min

PHP 1,650 nett

Radiance Facial Spa Package

Cleansing Facial + Non-abrasive
Diamond Peel + Collagen Gold Mask

45min

PHP 2,800 nett

Other Mandara Treats

Ear Candling

Immerse into a deep relaxation while the ear candles safely remove excess wax and debris from inside the ears, leaving you feeling balance-headed.

PHP 1,650 nett

Treatment Rates

Package Offers

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| Discover | 1hr and 30min | PHP 2,900 nett |
| 75 mins Signature Massage + 15 mins Xiamen Foot Massage | | |
| Recreate | 1hr and 30min | PHP 3,300 nett |
| 75 mins Signature Massage + Collagen Gold Mask Facial | | |
| Indulge | 2hrs and 30min | PHP 4,800 nett |
| 75 mins Signature Massage + Foot Spa + Xiamen Foot Massage + Collagen Gold Mask Facial | | |

Our selection of Organic Oils:

- Olive Oil for Signature Massage
- VCO for basic massage
- Lavander Aromatherapy (Relaxing)
- Green Tea Aromatherapy (Rejuvenating)
- Verbena Aromatherapy (Invigorating)
- Coffee (Energizing)

Our selection of Hand and Foot Spa:

- Lavander Aromatherapy (Whitening + Relaxing)
- Peppermint Break (Ultra refreshing + Enlivening)
- Green Tea (Callous softening + Invigorating)

